

The Pain Wars: Acute vs Chronic

Confessions of a Pain Rehab Graduate

Chronic pain is a major cause of opioid addiction.

Dental professionals encounter acute pain on a daily basis. Frequently, patients suffering chronic pain seek our help as well. *How do we treat these patients?*

Dr. Kim Harms offers a unique perspective on this issue. She is not only a dentist familiar with treating patients in pain but also a patient who has suffered neck and back injuries resulting in nerve damage to her drilling fingers. A graduate of The Mayo Clinic's elite Pain Rehab Program, Dr. Harms shares techniques for self-managing pain, including learning which aspects of pain and life can be controlled. She will also address the current recommendations concerning the use of opioids for dental pain.

Learn the causes, costs and effective treatments for pain. Explore side effects such as depression, anxiety and stress as well as complementary and alternative medical options. With the ever-increasing focus on the use of opioids in the dental practice, and the current epidemic of opioid abuse, this information is essential for every dental professional.



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LEARNING OBJECTIVES:

- Understand the difference between acute and chronic pain and how to effectively manage both
- Discuss the financial, physical and emotional costs of chronic pain
- Understand the latest recommendations for the treatment of acute pain
- Review the numerous long and short-term treatments for chronic pain
- Explore the various causes and effects of opioid abuse and its long-term consequences.

SUGGESTED FORMAT:

Full or Partial Day; Lecture, Workshop, Keynote

SUGGESTED AUDIENCE:

All Dental Professionals

Meets the requirements of most state boards of dentistry.
Check with your state board for details.